

**2010  
MOSLEY  
BASEBALL**

SUNDAY MAY 23, 2010

**5K**



**DOLPHIN DASH**

**FUN RUN & WALK**

**SUN  
MAY  
23  
2010**

- TIMES:** 7:00 a.m. - Registration / 8:00 a.m. - 5k Race
- LOCATION:** start point @ east side of bridge in GCCC front parking lot
- COURSE:** Beautiful run up and over the Hathaway Bridge and back
- AID STATIONS:** Water stop along path
- T-SHIRTS:** For the first 100 registered participants
- FEES:** \$15 prior to Sunday, May 23rd/\$20 day of the race.  
\*Free Fun Run - Donations excepted for Miracle League.
- AWARDS:** Certificates of Completion to all 5k finishers. Prizes for top three finishers in age groups
- REGISTER:** By mailing completed registration & payment to address at the bottom of page,  
online at active.com, at Freedom Sports 1120 Thomas Dr. Panama City Beach 249-2120 or  
register the day of the race on the East side of the Bridge near GCCC.



The Miracle League  
of the Emerald Coast  
will receive a portion  
of the profits



Freedom Sports will be assisting Mosley  
Baseball with race details. 249-2120

**POST RACE SNACKS AND BEVERAGES PROVIDED TO ALL RACE PARTICIPANTS**

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ GENDER:  Male  Female

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

T-SHIRT: (CIRCLE ONE)    Adult SM                  Adult MED                  Adult L                  Adult XL  
   Youth SM                  Youth MED                  Youth L

AMOUNT PAID: \$ \_\_\_\_\_

WAIVER: I KNOW THAT COMPETING IN A ROAD RACE IS A POTENTIALLY HAZARDOUS ACTIVITY. I SHOULD NOT ENTER AND COMPETE UNLESS I AM MEDICALLY ABLE AND PROPERLY TRAINED. I AGREE TO ABIDE BY ANY DECISION OF A RACE OFFICIAL RELATIVE TO MY ABILITY TO SAFELY COMPLETE THE RACE. I ASSUME ALL RISK ASSOCIATED WITH PARTICIPATING IN THIS EVENT INCLUDING, BUT NOT LIMITED TO: FALLS, CONTACT WITH OTHER PARTICIPANTS, THE EFFECT OF THE WEATHER, INCLUDING HIGH HEAT, AND OR HUMIDITY, TRAFFIC AND THE CONDITIONS OF THE ROAD, AND ALL SUCH RISKS BEING KNOWN AND APPRECIATED BY ME. HAVING READ THIS WAIVER AND KNOWING THESE FACTS, AND IN CONSIDERATION OF ACCEPTANCE OF MY ENTRY, I FOR MYSELF, AND ANYONE ENTITLED TO ACT ON MY BEHALF, WAIVE AND RELEASE ANY AND ALL SPONSORS, THEIR REPRESENTATIVES AND SUCCESSORS FROM ANY CLAIMS OR LIABILITIES OF ANY KIND ARISING OUT OF MY PARTICIPATION IN THE 2010 MOSLEY BASEBALL 5K FUN RUN/WALK, EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF EITHER NEGLIGENCE OR CARELESSNESS ON THE PART OF ANYONE.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

(SIGNATURE OF PARENT IF UNDER 18 YEARS OF AGE)

**MAKE CHECKS PAYABLE TO: MOSLEY BASEBALL DUGOUT CLUB (MBDC)**

**P.O. BOX 6 LYNN HAVEN, FL 32444**

**QUESTIONS? Email us at mosley5k@comcast.net or call 850.819.8403**